


August Menu

(Substitutions may be necessary without advanced notice.)

Mon	Tue	Wed	Thu	Fri
	1 Macaroni & Cheese with Ham Beets Carrots Graham Crackers Bread Milk	2 Cheesy Cod over Rice Green Beans Hot Apples Coleslaw Dinner Roll Milk	3 Tuna Salad Sandwich Pasta Salad Mixed Fruit Soup Bread Milk	4 Chicken Strips with BBQ sauce Roasted Potatoes Corn & Bell Peppers Dinner Roll Milk
7 Beef & Bell Pepper Casserole Green Beans Cauliflower / Cheese Sauce Juice French Bread / Milk	8 Turkey Bacon Wrap Lettuce, Tomato, and Ranch Sauce Potato Salad Peaches Tortilla / Milk	9 Pork Chop with Mushroom Gravy Mushroom Rice Sunshine Carrots Green Salad / Dressing Bread / Milk	10 Frittata & Potato Cake Sausage Links Spiced Apples Banana English Muffin Milk	11 Cheeseburger Meatloaf Macaroni & Cheese Peas Carrots Bread Milk 
14 Smothered Chicken Rice Zucchini Chunky Applesauce Bread Milk	15 Breaded Fish with Tarter Sauce Scalloped Potatoes Broccoli Coleslaw Bread / Milk	16 Hamburger Sliders Lettuce, Tomato, Pickle Roasted Potatoes Mixed Veggies Mini Buns Milk	17 Hot Turkey Sandwich Mashed Potatoes with Gravy Peas & Carrots Green Salad / Dressing Bread / Milk	18 Sweet & Sour Pork Rice Asian Veggies Pears Juice Bread / Milk
21 Swedish Meatballs Rice Green Beans Apple Berry Crisp Bread Milk	22 Enchilada Sour Cream & Salsa Refried Beans Corn Juice Milk	23 Beef & Cheddar Sandwich Lettuce, Tomato, Pickle Three Bean Salad Fruit Cocktail Soup Roll / Milk	24 BBQ Pork Riblett Baked Beans Cascade Veggies Carrot Salad Hoagie Roll Milk	25 Oven Fried Chicken Cheesy Potatoes Peas V-8 Juice Graham Crackers Bread / Milk
28 Spaghetti with Meat Sauce Parmesan Packets Broccoli Carrots French Bread / Milk	29 Roast Turkey Cranberry Sauce Dressing / Gravy Peas with Onions Bread Milk	30 Honey Mustard Chicken Salad Pasta Salad Fresh Fruit / Melon Soup Breadstick / Milk	31 Beef Tacos Sour Cream / Salsa Lettuce, Tomatoes Mexican Rice Corn Tortillas / Milk	