

October Menu

(Substitutions may be necessary without advanced notice.)

Mon	Tue	Wed	Thu	Fri
2 Hamburger Sliders Lettuce, Tomato, Pickle Roasted Potatoes Mixed Veggies Mini Buns / Milk	3 French Toast / Fruit Sauce Eggs Sausage Links Fresh Fruit Milk	4 Scalloped Chicken Country Trio Veggies Pears Juice Bread / Milk	5 Taco Salad Salsa / Sour Cream Cottage Cheese Watermelon Tortilla / Milk	6 Cheesy Cod Rice Snap Peas Peaches Bread / Milk
9 Malibu Chicken Pasta Sunshine Carrots Fruit Cocktail Bread Milk	10 Sweet & Sour Pork Rice Oriental Blend Veggies Spiced Apples Bread Milk	11 Breaded Fish Tarter Sauce Mac & Cheese Peas Coleslaw Bread / Milk	12 Salisbury Steak / Gravy Mashed Potatoes Beets Green Salad / Dressing Roll Milk	13 Chicken & Dumplings Dill Baby Carrots Baby Lima Beans Fresh Fruit Milk
16 Biscuits & Gravy Eggs Spiced Apples Juice Milk	17 Citrus Salmon Tarter Sauce Wild Rice Green Beans Juice Bread / Milk	18 White Chicken Chili  Carrots Spiced Apples Spinach Salad Cornbread with Honey Butter Milk	19 Veggie Lasagna Peas & Pearl Onions Zucchini Green Salad / Dressing French Bread Milk	20 Pork Roast / Gravy Mashed Potatoes Cascade Veggies Graham Crackers Bread Milk
23 Alfredo Ravioli Zucchini with Tomatoes Peaches Bread Milk	24 Scalloped Potatoes with Ham & Peas Sunshine Carrots Apple Granola Crisp Roll Milk	25 Swedish Meatballs Rice Green Beans Cauliflower Bread Milk	26 Oven Fried Chicken Cheesy Potatoes Peas Graham Crackers V-8 Juice Bread / Milk	27 Fish Tacos Salsa, Sour Cream, Cabbage & Tomatoes Mexican Rice Corn Tortillas / Milk
30 Stuffed Chicken / Gravy Mashed Potatoes Mixed Veggies Graham Crackers Bread Milk	31  Blood & Guts (Spaghetti with Sausage) Goblin Fingers (Carrots) Critter Brains (Cauliflower) Candy Corn Salad (Mandarin Orange/Pineapple) Leg Bone (Breadsticks) Ghost Juice (Milk)			