



# March 2018



Monday

Tuesday

Wednesday

Thursday

Friday



PARKS AND RECREATION

**Dick Eardley Senior Center**

**690 Robbins Road**

**208-608-7580**

**Hours: Monday-Friday 8 a.m.-5 p.m.**

*\* These programs require monthly registration*



**Billiards** room open daily  
8 a.m.-5 p.m.

**1** Tax help  
9am-12pm Teddy Bear Factory Sewing Grp  
9:30-10:30 a.m. Stretch & Tone  
10-11:15 a.m. Chat-n-Chew / BINGO  
10 a.m.-12 p.m. Blood Pressure  
11:30 a.m.-12:30 p.m. Drumming Divas  
1-3 p.m. Watercolors\* / Memoir Writing  
2-3 p.m. Tai Chi

**2**  
10:30 a.m.-2 p.m. Pinochle  
11:45 a.m. Senior Goldmine  
12:30-5 p.m. Bridge  
1-2 p.m. Fit and Fall Proof  
2-4 p.m. Intro to Pinochle  
2:30-4 p.m. Dominoes

**5**  
9-10 a.m. Tai Chi  
10 a.m. Legal Counsel  
11-11:45 a.m. Matua\*  
12:30-5 p.m. Bridge  
1-2 p.m. Stretch & Tone

**6** Tax help/Circuit Breaker  
9:30-10:30 a.m. Stretch & Tone  
10:30-11:30 a.m. Longevity Stick  
10:30 a.m.-12 p.m. Scrabble  
1-2 p.m. Fit and Fall Proof

**7**  
9:30-10:30 a.m. Gentle Yoga\*  
10 a.m.-12:30 p.m. Canasta  
10 a.m.-12:30 p.m. Happy Hookers Sewing  
12:30-5 p.m. Bridge  
**1-2 p.m. Alzheimer's and Dementia**  
1-3 p.m. Watercolors\*  
1:15-2 p.m. Intro to Zumba\*  
2-2:45 p.m. Line Dancing\*  
2-4p.m. Spanish Scrabble

**8** Tax help  
9am-12pm Teddy Bear Factory Sewing Grp  
9:30-10:30 a.m. Stretch & Tone  
10-11:15 a.m. Chat-n-Chew / BINGO  
10 a.m.-12 p.m. Blood Pressure  
11:30 a.m.-12:30 p.m. Drumming Divas  
1-3 p.m. Watercolors\* / Memoir Writing  
2-3 p.m. Tai Chi

**9**  
9 a.m.-12 p.m. Foot Clinic  
10:30 a.m.-2 p.m. Pinochle  
11:30 a.m. **Birthday Friday!**  
12:30-5 p.m. Bridge  
1-2 p.m. Fit and Fall Proof  
2-4 p.m. Intro to Pinochle  
2:30-4 p.m. Dominoes

**12**  
9-10 a.m. Tai Chi  
11-11:45 Matua\*  
**12 p.m. Lunch & Learn: Dream Interpretation**  
12:30-5 p.m. Bridge  
1-2 p.m. Stretch & Tone

**13** Tax help/Circuit Breaker  
9:30-10:30 a.m. Stretch & Tone  
10:30-11:30 a.m. Longevity Stick  
10:30 a.m.-12 p.m. Scrabble  
11-12:00p.m. Housing Questions  
1-2 p.m. Fit and Fall Proof

**14**  
9:30-10:30 a.m. Gentle Yoga\*  
10 a.m.-12:30 p.m. Canasta  
10 a.m.-12:30 p.m. Happy Hookers Sewing  
12:30-5 p.m. Bridge  
**1-1:45 p.m. Healthy Living & Wiser Nutrition**  
1-3 p.m. Watercolors\*  
1:15-2 p.m. Intro to Zumba\*  
2 p.m. Legal Counsel  
2-2:45 p.m. Line Dancing\*  
2-4 Spanish Scrabble

**15** Tax help  
9am-12pm Teddy Bear Factory Sewing Grp  
9:30-10:30 a.m. Stretch & Tone  
10-11:15 a.m. **Chat-n-Chew: Beer & Hops**  
10-11:15 a.m. BINGO  
10 a.m.-12 p.m. Blood Pressure  
11:30 a.m.-12:30 p.m. Drumming Divas  
1-3 p.m. Watercolors\* / Memoir Writing  
2-3 p.m. Tai Chi

**16**  
10:30 a.m.-2 p.m. Pinochle  
12:30-5 p.m. Bridge  
1-2 p.m. Fit and Fall Proof  
2-4 p.m. Intro to Pinochle  
2:30-4 p.m. Dominoes

**19**  
9-10 a.m. Tai Chi  
**10 a.m. Buffalo Soldiers**  
11-11:45 a.m. Matua\*  
12:30-5 p.m. Bridge  
1-2 p.m. Stretch & Tone

**20** Tax help/Circuit Breaker  
9:30-10:30 a.m. Stretch & Tone  
10:00 a.m. Legal Counsel  
10:30-11:30 a.m. Longevity Stick  
10:30 a.m.-12 p.m. Scrabble  
1-2 p.m. Fit and Fall Proof

**21**  
9:30-10:30 a.m. Gentle Yoga\*  
10 a.m.-12:30 p.m. Canasta  
10 a.m.-12:30 p.m. Happy Hookers Sewing  
12:30-5 p.m. Bridge  
1-3 p.m. Watercolors\*  
1:15-2 p.m. Intro to Zumba\*  
2-2:45 p.m. Line Dancing\*  
2-4p.m. Spanish Scrabble

**22** Tax help  
9am-12pm Teddy Bear Factory Sewing Grp  
9:30-10:30 a.m. Stretch & Tone  
10-11:15 a.m. Chat-n-Chew / BINGO  
10 a.m.-12 p.m. Blood Pressure  
11:30 a.m.-12:30 p.m. Drumming Divas  
1-3 p.m. Watercolors\* / Memoir Writing  
2-3 p.m. Tai Chi

**23**  
10:30 a.m.-2 p.m. Pinochle  
12:30-5 p.m. Bridge  
1-2 p.m. Fit and Fall Proof  
2-4 p.m. Intro to Pinochle  
2:30-4 p.m. Dominoes  
**7-9 Dance: Kings of Swing Trio**

**26**  
9-10 a.m. Tai Chi  
11-11:45 a.m. Matua\*  
**12 p.m. Lunch & Learn: Homestead Act of 1862**  
12:30-5 p.m. Bridge  
1-2 p.m. Stretch & Tone

**27** Tax help/Circuit Breaker  
9:30-10:30 a.m. Stretch & Tone  
10:30-11:30 a.m. Longevity Stick  
10:30 a.m.-12 p.m. Scrabble  
1-2 p.m. Fit and Fall Proof

**28**  
9:30-10:30 a.m. Gentle Yoga\*  
10 a.m.-12:30 p.m. Canasta  
10 a.m.-12:30 p.m. Happy Hookers Sewing  
12:30-5 p.m. Bridge  
1-3 p.m. Watercolors\*  
1:15-2 p.m. Intro to Zumba\*  
2 p.m. Legal Counsel  
2-2:45 p.m. Line Dancing\*  
2-4 Spanish Scrabble

**29** Tax help  
9am-12pm Teddy Bear Factory Sewing Grp  
9:30-10:30 a.m. Stretch & Tone  
10-11:15 a.m. **Chat-n-Chew: Greenbelt**  
10-11:15 a.m. BINGO  
10 a.m.-12 p.m. Blood Pressure  
11:30 a.m.-12:30 p.m. Drumming Divas  
1-3 p.m. Watercolors\* / Memoir Writing  
2-3 p.m. Tai Chi

**30**  
10:30 a.m.-2 p.m. Pinochle  
12:30-5 p.m. Bridge  
1-2 p.m. Fit and Fall Proof  
2-4 p.m. Intro to Pinochle  
2:30-4 p.m. Dominoes