


# March 2018 Menu

(Substitutions may be necessary without advanced notice.)

| Mon  | Tue  | Wed   | Thu   | Fri  |
|--|--|---|---|--|
|  |  |   | 1 Sweet & Sour Chicken<br>over Rice<br>Cauliflower<br>Oriental Blend Veggies<br>Mandarin Orange Salad<br>Bread / Milk | 2 Crunchy Tuna<br>Casserole<br>Green Beans<br>Peach Crisp<br>Biscuit<br>Milk   |
| 5 Salisbury Steak / Gravy<br>Mashed Potatoes<br>Beets<br>Roll<br>Milk                  | 6 Ham & Pineapple<br>Sweet Potatoes<br>Peas<br>Graham Crackers<br>Bread<br>Milk                        | 7 Chicken & Dumplings<br>Dill Carrots<br>Baby Lima Beans<br>Fresh Fruit<br>Milk   | 8 Philly Steak Sandwich<br>Cascade Veggies<br>Pears<br>Hoagie Roll<br>Milk  | 9 <b>Irish Bean &amp; Cabbage Stew</b> <br>Green Beans<br>Apple Cobbler<br>Cornbread / Milk |
| 12 Chicken Stroganoff<br>over Noodles<br>Broccoli<br>Spiced Apples<br>Bread<br>Milk    | 13 French Toast<br>Fruit Sauce<br>Eggs<br>Sausage Links<br>Juice<br>Milk                               | 14 Hamburger Sliders<br>Roasted Potatoes<br>Mixed Veggies<br>Mini Buns<br>Milk  | 15 Corned Beef & Cabbage<br>Red Potatoes<br>Glazed Carrots<br>Green Jell-O with Pears<br>Roll<br>Milk                 | 16 Breaded Fish with<br>Tarter Sauce<br>Mac & Cheese<br>California Blend Veggies<br>Bread<br>Milk  |
| 19 Scalloped Potatoes<br>with Ham<br>Sunshine Carrots<br>Peas & Onions<br>Roll<br>Milk | 20 Chicken Parmesan<br>Bowtie Pasta<br>Italian Veggies<br>Green Salad / Dressing<br>Breadstick<br>Milk | 21 Pork Roast<br>Sauerkraut<br>Mashed Potatoes<br>Cascade Veggies<br>Roll<br>Milk   | 22 Tater Tot Casserole<br>Cauliflower<br>Cinnamon Applesauce<br>Cornbread<br>Milk                                     | 23 Vegetable Penne Pasta<br>Corn<br>Zucchini<br>Fruit Cocktail<br>French Bread / Milk  |
| 26 Malibu Chicken<br>Pasta<br>Broccoli<br>Spinach Salad<br>Bread<br>Milk               | 27 BBQ Meatballs over Rice<br>Peas<br>Carrots<br>Fresh Fruit<br>Bread<br>Milk                          | 28 Liver & Onions<br>(congregate sites only)<br>or Chicken Fried Steak<br>Mashed Potatoes / Gravy<br>Edamame Succotash<br>Graham Crackers<br>Bread / Milk | 29 Polish Sausage with<br>Sauerkraut<br>Ranch Style Beans<br>Corn<br>Juice<br>Bun / Milk                              | 30 Cheesy Cod<br>Rice<br>Snap Peas<br>Peaches<br>Bread<br>Milk   |