




# July 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> 9a Tai Chi 10:30a Mahjong 12:30-2:30p Game Time 12:30-5p Bridge 1p Stretch &amp; Tone</p>	<p><b>3</b> 9:30a Stretch &amp; Tone 10-12p Blood Pressure Clinic 10:30a Longevity Stick 10:30-12p Scrabble 1p Fit and Fall Proof</p>	<p><b>HAPPY 4TH OF JULY!</b></p>  <p>The Senior Center is closed today</p>	<p><b>5</b> 9-12p Teddy Bear Factory Sewing Group 9:30a Stretch &amp; Tone 10-11:15a BINGO 10-11:30a Chat-n-Chew 11:30a Drumming Divas 2p Tai Chi <b>2:45p State Veterans Cemetery Tour</b></p>	<p><b>6</b> 10:20-2p Pinochle 11:45a Senior Goldmine 12:30-5p Bridge 1p Fit and Fall Proof 2-4p Intro to Pinochle</p>
<p><b>9</b> 9a Tai Chi 10:30a Mahjong 11a Matua* 12:30-2:30p Game Time 12:30-5p Bridge 1p Stretch &amp; Tone</p>	<p><b>10</b> 9:30a Stretch &amp; Tone 10:30a Longevity Stick 10:30-12p Scrabble <b>11a Saws &amp; Scalpels: Civil War Medicine**</b> 11a Your Housing Questions Answered 1p Fit and Fall Proof</p>	<p><b>11</b> 9:30a Gentle Yoga* 10-12:30p Canasta 10-12:30p Happy Hookers Knit &amp; Crochet <b>11a Welcome Orientation &amp; Tour</b> 12:30-5p Bridge 2p Legal Counsel</p>	<p><b>12</b> 9-12p Teddy Bear Factory Sewing Group 9:30a Stretch &amp; Tone 10-11:15a BINGO 10-11:30a Chat-n-Chew 10-12p Blood Pressure Clinic 11:30a Drumming Divas 2p Tai Chi</p>	<p><b>13</b> 9-12p Foot Clinic 10:20-2p Pinochle 11:30a Birthday Friday! 12:30-5p Bridge 1p Fit and Fall Proof 2-4p Intro to Pinochle</p>
<p><b>16</b> 9a Tai Chi 10:30a Mahjong 11a Matua* <b>12:30p Singles 2nd Dose</b> 12:30-2:30p Game Time 12:30-5p Bridge 1p Stretch &amp; Tone</p>	<p><b>17</b> 9:30a Stretch &amp; Tone 10a Legal Counsel 10:30a Longevity Stick 10:30-12p Scrabble 1p Fit and Fall Proof</p>	<p><b>18</b> 9a Gentle Yoga* 10-12:30p Canasta 10-12:30p Happy Hookers Knit &amp; Crochet 12:30-5p Bridge <b>12:45p My Care Binder</b></p>	<p><b>19</b> 9-12p Teddy Bear Factory Sewing Group 9:30a Stretch &amp; Tone 10-11:15a BINGO 10-11:30a Chat-n-Chew 10-12p Blood Pressure Clinic 11:30a Drumming Divas <b>12:45p SHIBA Q&amp;A</b> 2p Tai Chi</p>	<p><b>20</b> 10:20-2p Pinochle 12:30-5p Bridge 1p Fit and Fall Proof 2-4p Intro to Pinochle</p>
<p><b>23</b> 9a Tai Chi 10:30a Mahjong 11a Matua* 12:30-2:30p Game Time 12:30-5p Bridge 1p Stretch &amp; Tone</p>	<p><b>24</b> 9:30a Stretch &amp; Tone 10:30a Longevity Stick 10:30-12p Scrabble <b>12:45p Saving on Prescriptions</b> 1p Fit and Fall Proof</p>	<p><b>25</b> 9:30a Gentle Yoga* 10-12:30p Canasta 10-12:30p Happy Hookers Knit &amp; Crochet 12:30-5p Bridge <b>12:45p Staying a Step Ahead of the What-ifs</b> 2p Legal Counsel</p>	<p><b>26</b> 9-12p Teddy Bear Factory Sewing Group 9:30a Stretch &amp; Tone 10-11:15a BINGO 10-11:30a Chat-n-Chew 10-12p Blood Pressure Clinic <b>11:15 Americana Jazz Sax Quartet</b> 11:30a Drumming Divas 2p Tai Chi</p>	<p><b>27</b> 10:20-2p Pinochle 12:30-5p Bridge 1p Fit and Fall Proof 2-4p Intro to Pinochle</p>
<p><b>30</b> 9a Tai Chi 10:30a Mahjong 11a Matua* 12:30-2:30p Game Time 12:30-5p Bridge 1p Stretch &amp; Tone</p>	<p><b>31</b> 9:30a Stretch &amp; Tone 10:30a Longevity Stick 10:30-12p Scrabble 1p Fit and Fall Proof</p>	 <p><b>Billiards</b> room open 8-5, M-F</p>		

Dick Eardley Senior Center | 690 Robbins Road | Boise, ID 83702 | 208-608-7580 | Hours: Monday-Friday 8 a.m.-5 p.m.

\* These programs require monthly registration. For more information, call 208-608-7580.

\*\* SLN programs through the Senior Learning Network are live online interactive presentations where we can communicate with presenters in any location.