



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Weekly</b>	9-10am Tai Chi 11-11:45am Matua* 12-12:45pm Nia Moving to Heal 12:30-5pm Bridge 1-2pm Stretch and Tone	9:30-10:30am Stretch and Tone 10:30-11:30am Longevity Stick 10:30-11:30am Active Living* 10:30am-12pm Scrabble 12:30-1pm Chair Volleyball 1-2pm Fit and Fall Proof	10am-12:30pm Canasta 10am-12:30pm Knit & Crochet 10:30-11:30am Gentle Yoga* 12:30-5pm Bridge 1pm Games 1-3pm Watercolors* 1:15-2pm Intro to Zumba* 6-9pm Dance Instruction*	9:30-10:30am Stretch & Tone 10-11:15am BINGO 10-11:30am Chat-n-Chew 10am-12pm Blood Pressure Clinic 11:30am Drumming Divas 1-3pm Watercolors* 2-3pm Tai Chi	10:20am-2pm Pinochle 12:30-5pm Bridge 1-2pm Fit and Fall Proof 2-4pm Intro to Pinochle

 **MARCH 2019** 

 <b>Billiards Room</b> is open 8am-5pm, Monday-Friday		 <b>AARP</b> tax help is offered on Tuesdays and Thursdays. <b>Circuit Breaker</b> help is offered on Tuesdays.		<b>1</b> 11:45am Senior Goldmine
<b>4</b> 12:20pm Boise Train Depot Tour*	<b>5</b> 11 am Movie Tuesday* 2pm Robbins Road Singers	<b>6</b>	<b>7</b> 10am BINGO with Jason 10am-3pm Invitational Bridge*	<b>8</b> 9am-12pm Foot Clinic* 11:30am Birthday Friday!
<b>11</b> 11am A Century in Boise	<b>12</b> 11am Your Housing Questions Answered	<b>13</b> 11am Welcome Orientation & Tour 2pm Legal Counsel*	<b>14</b> 10am BINGO with Amy 10am Chat-n-Chew: Mike Fritz 3-6:30pm Fun & Friendly Bridge*	<b>15</b> 11am Eating for Cancer Prevention* 12:10pm Nampa Train Depot Museum* 12:30pm Learn to Draw Like a Pro*
<b>18</b>	<b>19</b> 10am Legal Counsel* 11am Medicare Meet-up 2pm Robbins Road Singers	<b>20</b> 1:40-pm Boise Art Museum*	<b>21</b> 10am-3pm Invitational Bridge*	<b>22</b>
<b>25</b>	<b>26</b>	<b>27</b> 2pm Legal Counsel*	<b>28</b> 10am Chat-n-Chew: Zella Strickland 3-6:30pm Fun & Friendly Bridge*	<b>29</b> <b>30</b> 9am March for Meals fundraiser*

**Dick Eardley Boise Senior Center**  
 690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | [seniorcenter.cityofboise.org](http://seniorcenter.cityofboise.org) | Monday-Friday 8am-5pm

*\*These programs require you to register in advance. For more information, call 208-608-7580.*

